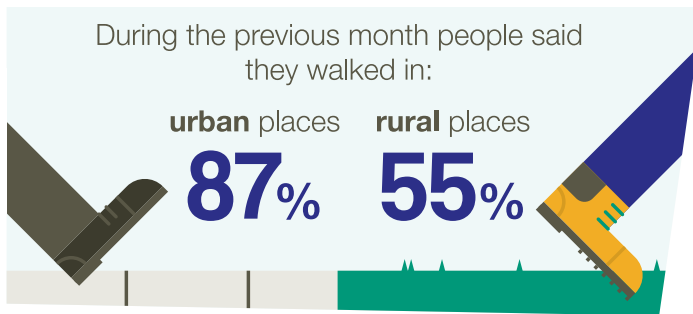


### Walking participation



The largest proportions walk most frequently:



Walking participation is highest amongst **young people**, and lower amongst:

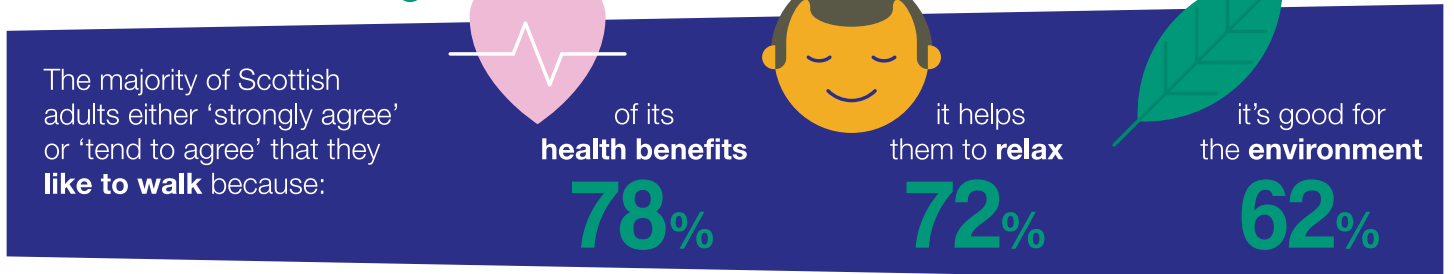
- people **aged 55** and over
- people who were **not working**
- people with **no children**

Slightly lower amongst residents of:

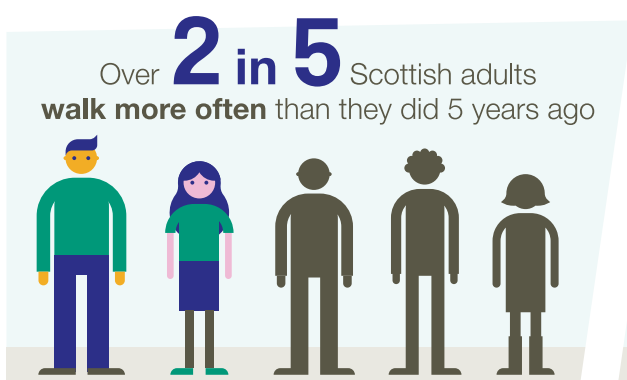
- **rural areas**
- the 10% most **deprived areas**



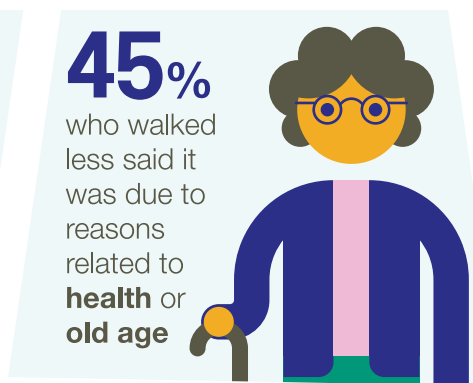
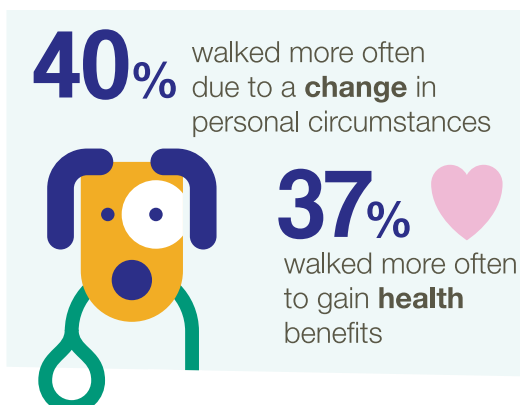
### Attitudes to walking



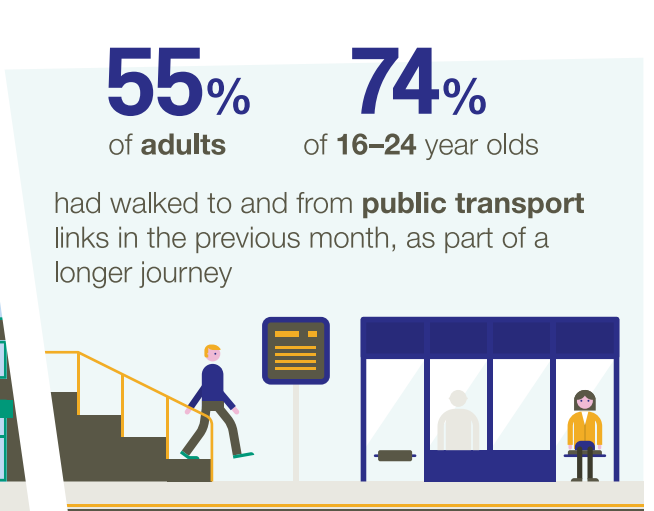
### Increasing participation



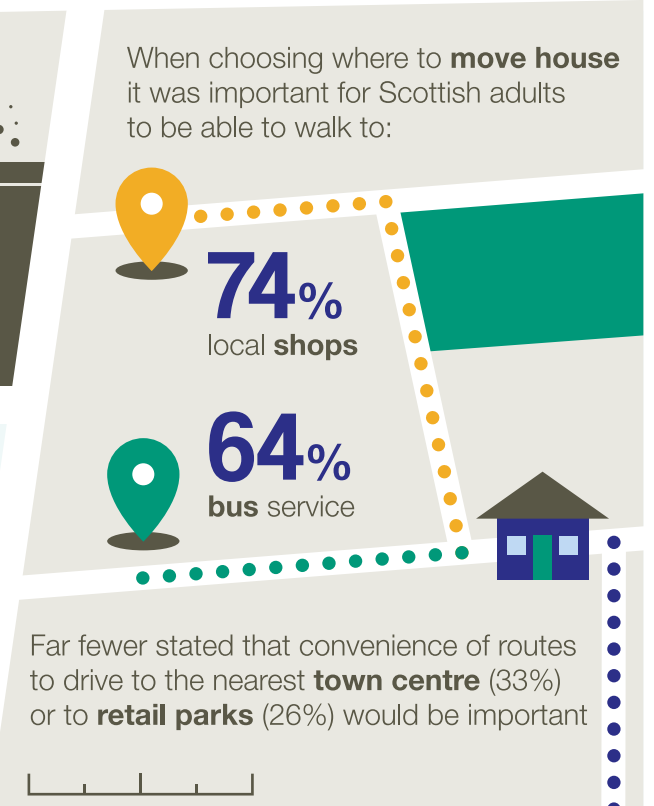
Frequency of walking increased most amongst:



### Active travel



### Local paths and walking opportunities



### Communicating the benefits

